

Rush Ranch provides a new lease on life

It wasn't the sight of the horses that triggered something inside of Brent Satterlee's brain. "It was the smell of manure and earth that started to bring back memories," says his wife, Kristi Satterlee. "It was like a fog lifted, and he just woke up."

Brent spent 20 years in the US Army as a combat medic, but toward the end of his successful career, the otherwise strong and healthy man started showing signs of early on-set dementia.

Kristi and Brent have been good friends for thirty years, but she rarely saw him. Three years ago, they were reunited at a birthday party for Brent and she was shocked to see how much he had declined due to the disease. He was dangerously thin and was headed toward assisted living because he could no longer care for himself. Determined to turn things around, the couple married and Kristi went to work to get him healthy again. Her strategy included walks in open spaces. She wasn't a hiker, so it took some research to discover Lake Herman, Peña Adobe, Lynch Canyon, and Rush Ranch.

Memories of the land

Kristi knew that Brent had spent part of his youth on a large ranch in Northern California. On their first visit to Rush Ranch, Kristi saw something spark in Brent while they were standing in front of the stallion barn. She talked to Monatte, the Rush Ranch Steward, who told them that Access Adventure has a wounded vet program. They signed up.

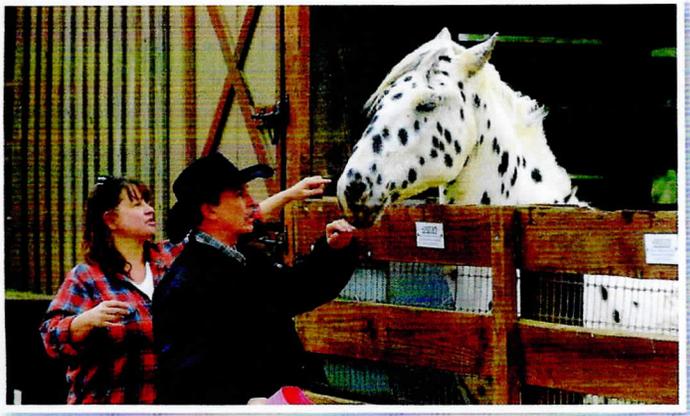
Now Brent comes to Rush Ranch two days a week, where with Kristi's help he feeds the horses, mucks the stables, and works with Virgil. Visits to Rush Ranch have given Brent something to look forward to.

"He started feeling like a man again. Everything about him sparkled, and he became alive," says Kristi.

Sometimes the connection is quiet. On sunny days, Brent likes to nap in the grass outside of the paddocks and put his hand inside the fence. The mares and their foals watch him nap and nudge his hand. One day he had a water bottle in his back pocket and they playfully tried to take it.

His renewal is evident at home, too, Kristi says. He puts on his own shoes, takes out the trash, helps with dinner, and is generally more independent. Before spending time at Rush Ranch, Brent was headed for palliative care, one step before convalescence. He was losing his language skills and on a downhill slide.





Kristi, Brent, and Stonewall Montelena
Photo by Tom Muehleisen

“We can’t change the outcome of his disease, but we can change our outlook on it,” says Kristi. “Being here lights him up, and he’s not in the gloom of his horrible diagnosis. It gives him hope, and his quality of life has gone through the roof.”

We are encouraged that this chance encounter at Rush Ranch gave Brent a new lease on life, and hope that others will connect with nature as well. We are grateful for the generous support of donors and volunteers who contribute to the quality of lives, often without realizing the impact.



Stonewall Montezuma, youngest of three foals at Rush Ranch
Photo by Nicole Braddock

*(left to right) Michael Muir (founder and director
Access Adventure), Kristi, Zena, and Brent*
Photo by Tom Muehleisen

